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SOCCER

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National Federation of State High School Associations (NFHS)

VISION

The National Federation of State High School Associations (NFHS) is the national leader for education-based high school athletics and activities, which prepare tomorrow's leaders for the next level of life through innovative programs, healthy participation, achievement, and development of positive relationships.



MISSION

The National Federation of State High School Associations (NFHS) serves its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules that emphasize health and safety, educational programs that develop leaders, and administrative support to increase participation opportunities and promote sportsmanship.



NFHS (located in Indianapolis, IN – Est. 1920):

- National leadership organization for high school sports and fine arts activities;
- National authority on interscholastic activity programs.
- Conducts national meetings;
- Sanctions interstate events;
- Produces national publication for high school administrators;
- National source for interscholastic coach training and national information center.





- Membership = 50 member state associations and D.C.
- NFHS reaches more than 19,000 high schools and 12 million participants in high school activity programs, including more than 7.8 million in high school sports.





NFHS RULES REVIEW COMMITTEE

The NFHS Rules Review Committee is chaired by the chief operating officer and composed of all rules editors. After each committee concludes its deliberations and has adopted its recommended changes for the subsequent year, such revisions will be evaluated by the Rules Review Committee.





Lindsey Atkinson Volleyball

Bob Colgate Football and Sports Medicine

ts Sandy Searcy ts Softball and Swimming & Diving Elliot Hopkins Baseball and Wrestling Julie Cochran Cross Country, Gymnastics, Field Hockey and Track & Field James Weaver Boys and Girls Lacrosse and Spirit Theresia Wynns Basketball and Soccer Dan Schuster Ice Hockey



The NFHS writes playing rules for 17 sports for boys and girls at the high school level.

 Publishes 4 million pieces of materials annually.





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National Federation of State High School Associations



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2018-19 NFHS

SOCCER RULES CHANGES





Alters the jersey colors required for teams such that the home team wears dark jerseys and socks and the visiting team wears all-white jerseys and socks.



Rule Change



RULE 4-1-1A, B REQUIRED EQUIPMENT (UNIFORM)





Player A is on the Home team and is required to wear the dark colored jersey (clear contrast to white) and dark socks; Player B is a part of the visiting team and is required to wear an all-white jersey and all-white socks.





Allows for visible undergarments to be worn if they are of similar length and of a solid color.



Rule Change



RULE 4-1-1D: REQUIRED EQUIPMENT (UNDERGARMENT)



Any undergarment worn by players must be of a solid like-color for the team members and a similar length for individuals. PlayPic A shows the home team members wearing like-color undergarment. PlayPic B shows the visiting team wearing the all-white jersey and socks with blue shorts and tights.



Rule Change



RULE 4-1-1D: REQUIRED EQUIPMENT (EQUIPMENT)



A: Illegal, undergarments, if worn, must be of a solid like-color.

B: Legal, if a player wears sleeves on both arms, they must be of similar lengths on each arm (but, they may be of different length than a teammates' sleeves).

- C: Illegal, arm sleeves must be of a similar length.
- D: Legal, one compression sleeve may be worn.





Allows for state associations (or delegate) to permit the wearing of head coverings or wraps if criteria is met for medical/cosmetic and/or religious reasons.





4-2-10: OTHER EQUIPMENT



In PlayPic A and B, both items would be legal. In both A and B, wearing a head covering will require appropriate documentation showing state association approval to be allowed.





Allows the kicker, on a kickoff, to be in the opposing team's half of the field to make the kick.





8-1-2: KICKOFF



The player taking the kickoff may be on the opposing team's side of the field to start the kickoff. All other players must be on the designated side of the field for their team.





Clarifies that a player in an offside position who becomes involved in active play must be penalized.



Rule Change



11-1-4: OFFSIDE



A2 is in an offside position when A1 plays the ball. A2 runs from the offside position into her own half of the field and plays the ball. A2 is offside as she was in an offside position when the ball was played. The restart for offside is an indirect free kick taken at the spot where A2 touched the ball.





RULE 12-8-1F, 12-8-15 (NEW), 12-8-2D(3), 12-8-2D(4)(NEW)

Clarifies the penalty for a player who denies an obvious goal-scoring opportunity.





12-8-1F, 15: MISCONDUCT



Player B1, while attempting to play the ball, trips the attacking player A1 in the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a penalty kick and issues a caution to B1.



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12-8-2D3, 4: MISCONDUCT





Player B1, with no attempt to play the ball, trips the attacking player A1 inside the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a penalty kick and issues a red card to B1.



12-8-2D3, 4: MISCONDUCT





Player B1, with no attempt to play the ball, trips the attacking player A1 outside the penalty box denying an obvious goal-scoring opportunity. The referee awards the opponents a direct free kick and issues a red card to B1.



Provides for a penalty for a player(s), coach or bench personnel who enters or leaves the field without permission from an official and interferes with play or an official.





13-2-1J: FREE KICK: WHEN AWARDED





A player, coach or bench personnel enters or leaves the playing field without permission from the official and interferes with play or an official shall be penalized with a direct free kick from the point of the infraction.



Provides for a penalty for a player(s), coach or bench personnel who enters or leaves the field without permission from the official and does not interfere with play or the official.



Rule Change



13-2-3: FREE KICK: WHEN AWARDED



The Referee should blow the play dead at the appropriate time and award a an indirect free kick to the opposing team at the Point of the infraction.





Defines a deliberate act which provides guidance for interpretation of rules that contain the word deliberate or the phrase deliberate act.



Rule Change



18-1-1G: DEFINITIONS: DELIBERATE ACT





A deliberate Act is one in which a player chooses to act, regardless of the outcome of that action.



2018-19 NFHS SOCCER MAJOR EDITORIAL CHANGE





Clarifies that a religious medal or other religious items must be taped to the body.





4-2-4: OTHER EQUIPMENT





Players are allowed to tape to their bodies, under the jersey, religious symbols.


2018-19 NFHS SOCCER POINTS OF EMPHASIS



DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY

The penalty associated with a player who denies an obvious goal-scoring opportunity has been amended. In an effort to make the penalty better fit the infraction, now when a player commits an offense against an opponent within his/her own penalty area which denies an obvious goal-scoring opportunity and the referee awards a penalty kick, the offender is cautioned if the offense was an attempt to play the ball.



DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.

Formerly, this player was disqualified and penalty kick was awarded. In circumstances where there was no attempt to play the ball, the player is still disqualified.



DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.

In evaluating whether there has been an obvious goal-scoring opportunity, officials are encouraged to consider the following:

- Distance between the offense and the goal (the offense must be near the goal).
- General direction of play (the attacking players are generally headed toward the goal).
- Likelihood of keeping or gaining control of the ball (the player must have or be able to get control of the ball in order to score).



DENYING AN OBVIOUS GOAL-SCORING OPPORTUNITY, CONT.

- Location and number of defenders (not more than one defender between the attacking player and the goal, not counting the player who committed the foul and the defenders must be able to challenge the attacking player).
- If any of the above considerations are missing, it is not an obvious goal-scoring opportunity.







The penalty associated with a player who denies an obvious goal scoring opportunity has been amended. In an effort to make the penalty better fit the infraction, now when a player commits an offense against an opponent within their own penalty area which denies an obvious goal scoring opportunity and the referee awards a penalty kick, the offender is cautioned if the offense was an attempt to play the ball.





- Concern has been expressed in situations where teams make excessive substitutions toward the end of a game in an effort to waste time.
- According to Rule 3-6, a referee has the discretion to stop the clock during the substitution so that this time is not lost.
 Further, the referee may consider this unsporting conduct and a caution may be issued to the coach of the offending team.





EXCESSIVE PLAYER SUBSTITUTIONS



When there are excessive substitutes near the end of the game in an effort to waste time, the official has the option of stopping the clock to avoid the loss of time. This situation also be considered unsporting conduct and a caution issued.



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REFEREE MECHANICS FOR INDIRECT FREE KICKS

- When a team is awarded a free kick, it is important that the referee correctly utilize the NFHS Official Soccer Signals and properly signal so the teams know whether the kick is direct or indirect.
- This is especially important if the free kick is near the opponent's goal. For an indirect free kick, the referee must raise one arm vertically and maintain that position until the ball is touched by a second player.



REFEREE MECHANICS FOR INDIRECT FREE KICKS, CONT.

- It is critical players know what type of free kick is occurring so the team taking the kick can properly execute the kick and the team defending know whether a goal may be scored directly from the kick.
- For indirect free kicks, if the ball enters the goal directly from the kick, the restart is a goal kick.









The Referee must correctly display the signal to indicate a direct or indirect free kick is being given. All players need to be aware to be ready to play, especially if the free kick is near the opponent's goal.



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- NFHS Officials Association members cost is \$10
- Non-members course is \$20
- API available to state associations to collect results



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NFHS NETWORK





- By 2020, every high school sporting event in America will be streamed live.
- The NFHS Network will be THE DESTINATION for fans to view these broadcasts.





27 DIFFERENT SPORTS AND ACTIVITIES

VIKINGS



















































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